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MONDAY			
	8:45 - 10:00 am	Wake Up & Flow	Level 1-2 Kelsey
📺	10:15 - 11:30 am	Vinyasa Flow	Level 1-2 Sherry
	3:30 - 5:00 pm	Mysore (Ashtanga)	All Levels Self-led
	5:30 - 6:45 pm	Candlelight Soul Flow	All Levels Andréa
📺	7:00 - 8:15 pm ★	Yoga Basics	Basics Andréa
TUESDAY			
	7:30 - 8:30 am	"Yoga & Beyond"	Level 1-2 Angie W.
📺	8:45 - 10:00 am	Yoga Basics (SmartFLOW)	Basics Rachael
	10:15 - 11:30 am	Vinyasa Flow	All Levels Eliza
📺	5:30 - 6:45 pm	Restorative Relax Deeply	All Levels Angela A.
	7:00 - 8:15 pm ★	Yoga Basics	Basics Angela A.
WEDNESDAY			
📺	8:45 - 10:15 am	Wake Up & Flow	Level 1-2 Noé
	10:15 - 11:30 am	Vinyasa Flow	Level 1-2 Sherry
	3:30 - 5:00 pm	Mysore (Ashtanga)	All Levels Self-led
📺	5:30 - 6:45 pm	Vinyasa Flow	Level 1-2 Kelly
	7:00 - 8:15 pm ★	Yin Yoga	All Levels Jessica
THURSDAY			
	7:30 - 8:30 am	"Yoga & Beyond"	Level 1-2 Angie W.
📺	8:45 - 10:00 am	Wake Up & Flow	Level 1-2 Kelsey
	10:15 - 11:30 am	Vinyasa Flow	Level 1-2 Joshua
📺	5:30 - 6:45 pm	Vinyasa Flow	Level 2 Rachel P.
	7:00 - 8:15 pm ★	Gentle Yoga with Yoga Nidra	All Levels Jaime
FRIDAY			
	8:45 - 10:00 am	Gentle Flow (SmartFLOW)	All Levels Rachael
📺	10:15 - 11:30 am	Vinyasa Flow	Level 1-2 Kim M
	6:00 - 7:15 pm	Live Music Yoga / Flow & Yin	All Levels Noé
SATURDAY			
📺	8:30 - 9:45 am	Vinyasa Flow (SmartFLOW)	Level 2 Rachael
	10:00 - 11:15 am	Yoga Basics	Basics Amanda
	11:30 - 12:45 pm	Vinyasa Flow	Level 1-2 Eliza
📺	1:00 - 2:15 pm ★	Vinyasa Vibes	All Levels Russell
SUNDAY			
📺	9:00 - 9:45 am	"Log Off" Mindfulness Meditation	All Levels Jaime
📺	10:00 - 11:15 am	Sunday Soul Yoga	Level 1-2 Jaime
	11:30 - 12:45 pm ★	Zen Zone Yoga	All Levels Lucrezia
	1:00 - 2:15 pm	Vinyasa Flow	Level 1-2 Joshua
	2:30 - 3:45 pm	Restorative Relax Deeply	All Levels Angela A.
★ \$14 Drop-In Classes		CLASS SCHEDULE & TEACHERS SUBJECT TO CHANGE	
CLASS DESCRIPTIONS CAN BE FOUND ONLINE AT: WWW.LASVEGASYOGA.COM			

Live Music Yoga!



The stylings of Tim Catching while being guided through a Flow & Yin Vinyasa class.

April 3rd & 24th, 2023

New Student Special

2 Weeks
Unlimited Yoga
\$39

**Nevada Locals only
with Identification

April Special!



3 Months of
Unlimited Yoga

10% off

Use code: *Apr23* online



CLOSED

Sunday, April 9th in
observance of Easter.

NSPCA: Puppy Yoga Donation Class



Sunday, April 16th
4:00-5:00pm

In memory of Anne Gilbert

Surrender To Zen Spring Renewal



Spring Is The
Season For Rebirth,
Renewal, And
Regrowth

Let go of what is old and
embrace new energy!

Saturday, April 15th
3:15-5:15pm

Ayurvedic Yoga for you Dosha

Ayurveda is the oldest healing science that originated over 5,000 years ago and based on sister science of Yoga, where Yoga heals the mind and Ayurveda treats the body.

Saturday, May 6th
3:00 - 5:00 pm



YOGAthletica

"Get Braver" Intermediate Arm Balances & Transitions

Saturday, June 2nd
5:30 ~ 8:00pm



Living off the Wall Handstands

Sunday, June 3rd
5:30 ~ 8:00 pm

PRICING OPTIONS

Single Yoga Classes	
Adult	\$ 20
Child (8-17)	\$ 14
Local Yoga/Fitness Teacher	\$ 15
Live Music Class	\$ 22

Yoga Class Packages	
5 Class Package (3 month exp)	\$90
10 Class Package (3 month exp)	\$170
15 Class Package (6 month exp)	\$240
20 Class Package (6 month exp)	\$300

Meditation Class	
Single Class	\$15

Unlimited Yoga Packages		
	Monthly Auto-Pay*	Paid In Full
1 Month Unlimited	N/A	\$129
3 Month Unlimited	\$119 / month	\$329
6 Month Unlimited	\$109 / month	\$559
1 Year Unlimited	\$99 / month	\$999
6 Month "Yoga Buddies"	\$89 / month	N/A

Sanctuary Wellness Package		
1 Month Unlimited Yoga 1 - 60 Minute Massage		
\$159/Month	\$169/Month	\$179/Month
1 Year Contract	6 Month Contract	No Contract