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MONDAY			
	8:45 - 10:00 am	Wake Up & Flow	Level 1-2 Andrea
	10:15 - 11:30 am	Vinyasa Flow	Level 1-2 Sherry
	3:30 - 5:00 pm	Mysore (Ashtanga)	All Levels Self-led
	5:30 - 6:45 pm	Candlelight Soul Flow	All Levels Noé
	7:00 - 8:15 pm ★	Yoga Basics	Basics Noé
TUESDAY			
	7:30 - 8:30 am	"Yoga & Beyond"	Level 1-2 Angie W.
	8:45 - 10:00 am	Yoga Basics (SmartFLOW)	Basics Rachael
	10:15 - 11:30 am	Vinyasa Flow	All Levels Eliza
	5:30 - 6:45 pm	Restorative Relax Deeply	All Levels Angela A.
	7:00 - 8:15 pm ★	Yoga Basics	Basics Angela A.
WEDNESDAY			
	8:45 - 10:15 am	Wake Up & Flow	Level 1-2 Noé
	10:15 - 11:30 am	Vinyasa Flow	Level 1-2 Sherry
	3:30 - 5:00 pm	Mysore (Ashtanga)	All Levels Self-led
	5:30 - 6:45 pm	Vinyasa Flow	Level 1-2 Kelly
	7:00 - 8:15 pm ★	Yin Yoga	All Levels Jessica
THURSDAY			
	7:30 - 8:30 am	"Yoga & Beyond"	Level 1-2 Angie W.
	8:45 - 10:00 am	Wake Up & Flow	Level 1-2 Noé
	10:15 - 11:30 am	Vinyasa Flow	Level 1-2 Joshua
	5:30 - 6:45 pm	Vinyasa Flow	Level 2 Rachel P.
	7:00 - 8:15 pm ★	Gentle Yoga with Yoga Nidra	All Levels Jaime
FRIDAY			
	8:45 - 10:00 am	Gentle Flow (SmartFLOW)	All Levels Rachael
	10:15 - 11:30 am	Vinyasa Flow	Level 1-2 Kim M
	6:00 - 7:15 pm	Live Music Yoga / Flow & Yin	All Levels Noé
SATURDAY			
	8:30 - 9:45 am	Vinyasa Flow (SmartFLOW)	Level 2 Rachael
	10:00 - 11:15 am	Yoga Basics	Basics Amanda
	11:30 - 12:45 pm	Vinyasa Flow	Level 1-2 Eliza
	1:00 - 2:15 pm ★	Vinyasa Vibes	All Levels Russell
SUNDAY			
	9:00 - 9:45 am	"Log Off" Mindfulness Meditation	All Levels Jaime
	10:00 - 11:15 am	Sunday Soul Yoga	Level 1-2 Jaime
	11:30 - 12:45 pm	Zen Zone Yoga	All Levels Lucrezia
	1:00 - 2:15 pm	Vinyasa Flow	Level 1-2 Joshua
	2:30 - 3:45 pm	Restorative Relax Deeply	All Levels Angela A.
★ \$14 Drop-In Classes		CLASS SCHEDULE & TEACHERS SUBJECT TO CHANGE	
CLASS DESCRIPTIONS CAN BE FOUND ONLINE AT: WWW.LASVEGASYOGA.COM			

Live Music Yoga!



The stylings of **Tim Catching** while being guided through a Flow & Yin Vinyasa class.

Sept 2nd, 16th, & 30th 2022

EVERYTHING IS BETTER WITH A FRIEND



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September Special!

10% Off 15 & 20 Class Packages

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Nectar of the Moon ~ The Art of Relaxation

led by Jaime Peterson-Ayoub



Saturday, September 3rd 3:00 - 4:30 pm



Ecstatic Kirtan

A form of Bhakti Yoga with call and response chanting.

Joel Belovin | Tim Catching
Ashley Wynn | Noelani Lytle
Matthew Connors

Saturday, September 10th 6:30 - 8:30 pm

Celebrating The Equinox



Led by: Christine Frazzitta & Indigo

Saturday, September 24th 3:00 - 4:30 pm



Led by: Zach Rehder

Friday, Oct 21st 7:30 - 9:30p
Saturday, Oct 22nd 3:00 - 5:00p

PRICING OPTIONS

Single Yoga Classes	
Adult	\$ 20
Child (8-17)	\$ 14
Local Yoga/Fitness Teacher	\$ 15
Live Music Class	\$ 22

Yoga Class Packages	
5 Class Package (3 month exp)	\$90
10 Class Package (3 month exp)	\$170
15 Class Package (6 month exp)	\$240
20 Class Package (6 month exp)	\$300

Meditation Class	
Single Class	\$15

Unlimited Yoga Packages		
	Monthly Auto-Pay*	Paid In Full
1 Month Unlimited	N/A	\$129
3 Month Unlimited	\$119 / month	\$329
6 Month Unlimited	\$109 / month	\$559
1 Year Unlimited	\$99 / month	\$999
6 Month "Yoga Buddies"	\$89 / month	N/A

Sanctuary Wellness Package		
1 Month Unlimited Yoga 1 - 60 Minute Massage		
\$149/Month	\$159/Month	\$179/Month
1 Year Contract	6 Month Contract	No Contract