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<u>MONDAY</u>			
	8:45 - 10:00 am	Wake Up & Flow	Level 1-2 Andrea
	10:15 - 11:30 am	Vinyasa Flow	Level 1-2 Sherry
	3:30 - 5:00 pm	Mysore (Ashtanga)	All Levels Self-led
	5:30 - 6:45 pm	Candlelight Soul Flow	All Levels Noé
	7:00 - 8:15 pm ★	Yoga Basics	Basics Noé
<u>TUESDAY</u>			
	7:30 - 8:30 am	"Yoga & Beyond"	Level 1-2 Angie W.
	8:45 - 10:00 am	Yoga Basics (SmartFLOW)	Basics Rachael
	10:15 - 11:30 am	Vinyasa Flow	All Levels Eliza
	5:30 - 6:45 pm	Restorative Relax Deeply	All Levels Angela A.
	7:00 - 8:15 pm ★	Yoga Basics	Basics Angela A.
<u>WEDNESDAY</u>			
	8:45 - 10:15 am	Wake Up & Flow	Level 1-2 Noé
	10:15 - 11:30 am	Vinyasa Flow	Level 1-2 Sherry
	3:30 - 5:00 pm	Mysore (Ashtanga)	All Levels Self-led
	5:30 - 6:45 pm	Vinyasa Flow	Level 1-2 Kelly
	7:00 - 8:15 pm ★	Yin Yoga	All Levels Jessica
<u>THURSDAY</u>			
	7:30 - 8:30 am	"Yoga & Beyond"	Level 1-2 Angie W.
	8:45 - 10:00 am	Wake Up & Flow	Level 1-2 Kelsey
	10:15 - 11:30 am	Vinyasa Flow	Level 1-2 Joshua
	5:30 - 6:45 pm	Vinyasa Flow	Level 2 Rachel P.
	7:00 - 8:15 pm ★	Gentle Yoga with Yoga Nidra	All Levels Jaime
<u>FRIDAY</u>			
	8:45 - 10:00 am	Gentle Flow (SmartFLOW)	All Levels Rachael
	10:15 - 11:30 am	Vinyasa Flow	Level 1-2 Joshua
	6:00 - 7:15 pm	Live Music Yoga / Flow & Yin	All Levels Noé
<u>SATURDAY</u>			
	8:30 - 9:45 am	Vinyasa Flow (SmartFLOW)	Level 2 Rachael
	10:00 - 11:15 am	Yoga Basics	Basics Amanda
	11:30 - 12:45 pm	Vinyasa Flow	Level 1-2 Eliza
	1:00 - 2:15 pm ★	Vinyasa Vibes	All Levels Russell
<u>SUNDAY</u>			
	9:00 - 9:45 am	"Log Off" Mindfulness Meditation	All Levels Jaime
	10:00 - 11:15 am	Sunday Soul Yoga	Level 1-2 Jaime
	11:30 - 12:45 pm	Zen Zone Yoga	All Levels Lucrezia
	1:00 - 2:15 pm	Vinyasa Flow	Level 1-2 Joshua
	2:30 - 3:45 pm	Restorative Relax Deeply	All Levels Angela A.

★ \$14 Drop-In Classes CLASS SCHEDULE & TEACHERS SUBJECT TO CHANGE
CLASS DESCRIPTIONS CAN BE FOUND ONLINE AT: WWW.LASVEGASYOGA.COM

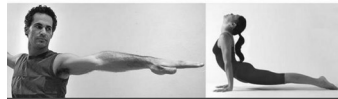
Live Music Yoga!



The stylings of **Tim Catching** while being guided through a Flow & Yin Vinyasa class.

August 5 & 19, 2022

EVERYTHING IS BETTER WITH A FRIEND



"YOGA BUDDIES"

Get 6 Months Of Unlimited Classes At A Great Savings When You And A Friend Sign Up For Our Yoga Buddies Plan

6 Months Unlimited Yoga Buddies

*Please check in with the front desk for more details & restrictions.

New Student Special

2 Weeks Unlimited Yoga \$39

**Nevada Locals only with Identification

August Special!

\$30 off 3 Month Unlimited Pkg
*Must be paid in full

Use discount code "August30" when purchasing online

Rebecca Sabine Celebrity Violinist

Sensorium Series:
Saturdays from
3:00 - 4:00 pm



Saturday 7/30/22
Color Therapy/Inner Vision (violin + violet flame)
Saturday 8/6/22
Aromatherapy (violin + essential oils)
Saturday 8/20/22
Mindful Tasting (violin + chocolates)
Saturday 8/27/22
Mindful Listening (violin + sounds of nature)

1 Class: \$25
2 Classes: \$45
4 Classes: \$85

Release, Restore & Rejuvenate

Relaxing Restorative Yoga & Blissful Bowls Sound Healing



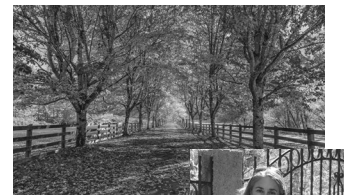
Yoga: Jaime Ayoub

Sound Healing: Theresa Stanley



Saturday, August 14th
3:00 - 5:00 pm

Celebrating The Equinox



Led by:
Christine Frazzitta & Indigo



Saturday, September 24th
3:00 - 4:30 pm

PRICING OPTIONS

Single Yoga Classes	
Adult	\$ 20
Child (8-17)	\$ 14
Local Yoga/Fitness Teacher	\$ 15
Live Music Class	\$ 22

Yoga Class Packages	
5 Class Package (3 month exp)	\$90
10 Class Package (3 month exp)	\$170
15 Class Package (6 month exp)	\$240
20 Class Package (6 month exp)	\$300

Meditation Class	
Single Class	\$15

Unlimited Yoga Packages		
	Monthly Auto-Pay*	Paid In Full
1 Month Unlimited	N/A	\$129
3 Month Unlimited	\$119 / month	\$329
6 Month Unlimited	\$109 / month	\$559
1 Year Unlimited	\$99 / month	\$999
6 Month "Yoga Buddies"	\$89 / month	N/A

Sanctuary Wellness Package		
1 Month Unlimited Yoga 1 - 60 Minute Massage		
\$149/Month	\$159/Month	\$179/Month
1 Year Contract	6 Month Contract	No Contract