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<b>MONDAY</b>			
	8:45 - 10:00 am	Wake Up & Flow	Level 1/2 Jaime
	10:15 - 11:30 am ★	Vinyasa Flow	Level 1/2 Sherry
	3:30 - 5:00 pm	Mysore (Ashtanga)	All Levels Self-led
	5:30 - 6:45 pm	Candlelight Soul Flow	All Levels Noé
	7:00 - 8:15 pm	Yoga Basics	Basics Noé
<b>TUESDAY</b>			
	7:30 - 8:30 am	"Yoga & Beyond"	Level 1/2 Angie W.
	8:45 - 10:00 am	Yoga Basics (SmartFLOW)	Basics Rachael
	10:15 - 11:30 am	Vinyasa Flow	All Levels Eliza
	4:00 - 5:15 pm ★	Vinyasa Flow	Level 1/2 Angela A.
	5:30 - 6:45 pm	Restorative Relax Deeply	All Levels Angela A.
	7:00 - 8:15 pm	Yoga Basics	Basics Angela A.
<b>WEDNESDAY</b>			
	8:45 - 10:15 am	Wake Up & Flow	Level 1/2 Noé
	10:15 - 11:30 am	Vinyasa Flow	Level 1/2 Sherry
	3:30 - 5:00 pm	Mysore (Ashtanga)	All Levels Self-led
	5:30 - 6:45 pm	Vinyasa Flow	Level 1/2 Kelly
	7:00 - 8:15 pm ★	Restorative Relax Deeply	All Levels Rachel P.
<b>THURSDAY</b>			
	7:30 - 8:30 am	"Yoga & Beyond"	Level 1/2 Angie W.
	8:45 - 10:00 am	Wake Up & Flow	Level 1/2 Kim M.
	10:15 - 11:30 am	Vinyasa Flow	All Levels Joshua
	4:00 - 5:15 pm ★	"Yoga & Beyond"	Level 1/2 Monika
	5:30 - 6:45 pm	Vinyasa Flow	Level 2 Rachel P.
	7:00 - 8:15 pm	Yin Yoga	All Levels Noé
<b>FRIDAY</b>			
	8:45 - 10:00 am	Gentle Flow (SmartFLOW)	All Levels Rachael
	10:15 - 11:30 am	Vinyasa Flow	Level 1/2 Joshua
	6:00 - 7:15 pm	Live Music Yoga / Flow & Yin	All Levels Noé
<b>SATURDAY</b>			
	8:30 - 9:45 am	Vinyasa Flow (SmartFLOW)	Level 2 Rachael
	10:00 - 11:15 am	Yoga Basics	Basics Amanda
	11:30 - 12:45 pm	Vinyasa Flow	Level 1/2 Eliza
	1:00 - 2:15 pm	Vinyasa Vibes	All Levels Russell
<b>SUNDAY</b>			
	9:00 - 9:45 am	"Log Off" Mindfulness Meditation	All Levels Jaime
	10:00 - 11:15 am	Sunday Soul Yoga	Level 1/2 Jaime
	11:30 - 12:45 pm	Zen Zone Yoga	All Levels Lucrezia
	1:00 - 2:15 pm	Vinyasa Flow	Level 1/2 Joshua
	2:30 - 3:45 pm ★	Restorative Relax Deeply	All Levels Angela A.
★ \$14 Drop-In Classes		CLASS SCHEDULE & TEACHERS SUBJECT TO CHANGE	

## Live Music Yoga!



High spirits, flowing energy, music full of heart.

Tim Catching plays for a Flow & Yin Vinyasa class.

January 7th & 21st, 2022

## Pricing Increase

As many of you are aware, these past many months have been hard on both small businesses and individuals. The pandemic has taken its toll, but with your help and support, we have stayed the course. As with any business, the costs of overhead and supplies has steadily increased. Due to these rising costs, Yoga Sanctuary has decided to make a small increase to our packages and memberships. This will help to keep this studio open and operating for our students and community. Please email [contact@lasvegasyoga.com](mailto:contact@lasvegasyoga.com) with any questions.

The new pricing will go into effect January 1, 2022.

Thank you for your understanding and continued support of our studio and community! We couldn't do it without you!

## January Special!

### 10% Off All Yoga Packages

\* Excludes New Student Packages

Use discount code "Jan2022" when purchasing online

EVERYTHING IS BETTER WITH A FRIEND



## "YOGA BUDDIES"

Get 6 Months Of Unlimited Classes At A Great Savings When You And A Friend Sign Up For Our Yoga Buddies Plan

6 Months Unlimited Yoga Buddies

\*Please check in with the front desk for more details & restrictions.

## Full Moon Restorative Workshop

Sunday, January 16th  
2:30pm - 4:30pm



## New Year Intentions

Led by Valerie Sorrentino



Saturday, January 22nd  
2:30pm - 4:30pm

## Hands On Recovery + CBD

Saturday, February 12th  
2:30pm - 4:30pm



## PRICING OPTIONS

Single Yoga Classes	
Adult	\$ 20
Child (8-17)	\$ 14
Local Yoga/Fitness Teacher	\$ 15
Live Music Class	\$ 22

Yoga Class Packages	
5 Class Package (3 month exp)	\$90
10 Class Package (3 month exp)	\$170
15 Class Package (6 month exp)	\$240
20 Class Package (6 month exp)	\$300

Meditation Class	
Single Class	\$15

Unlimited Yoga Packages		
	Monthly Auto-Pay*	Paid In Full
1 Month Unlimited	N/A	\$129
3 Month Unlimited	\$119 / month	\$329
6 Month Unlimited	\$109 / month	\$559
1 Year Unlimited	\$99 / month	\$999

### \* Auto-Pay Terms & Conditions

- All Contracts will Auto-Renew
- Must cancel 5 days prior to contact expiration to prevent auto-renewal
- No Refunds/Exchanges
- Refer to contract for additional terms/conditions