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<b>MONDAY</b>			
	8:45 - 10:00 am	Wake Up & Flow	Level 1/2 Jaime
	10:15 - 11:30 am ★	Vinyasa Flow	Level 1/2 Sherry
	3:30 - 5:00 pm	Mysore (Ashtanga)	All Levels Self-led
	5:30 - 6:45 pm	Candlelight Soul Flow	All Levels Noé
	7:00 - 8:15 pm	Yoga Basics	Basics Noé
<b>TUESDAY</b>			
	7:30 - 8:30 am	"Yoga & Beyond"	Level 1/2 Angie W.
	8:45 - 10:00 am	Yoga Basics (SmartFLOW)	Basics Rachael
	10:15 - 11:30 am	Vinyasa Flow	All Levels Eliza
	4:00 - 5:15 pm ★	Vinyasa Flow	Level 1/2 Angela A.
	5:30 - 6:45 pm	Restorative Relax Deeply	All Levels Angela A.
	7:00 - 8:15 pm	Yoga Basics	Basics Angela A.
<b>WEDNESDAY</b>			
	8:45 - 10:15 am	Wake Up & Flow	Level 1/2 Noé
	10:15 - 11:30 am	Vinyasa Flow	Level 1/2 Sherry
	3:30 - 5:00 pm	Mysore (Ashtanga)	All Levels Self-led
	5:30 - 6:45 pm	Vinyasa Flow	Level 1/2 Kelly
	7:00 - 8:15 pm ★	Yoga Basics	Basics Rachel P.
<b>THURSDAY</b>			
	7:30 - 8:30 am	"Yoga & Beyond"	Level 1/2 Angie W.
	8:45 - 10:00 am	Wake Up & Flow	Level 1/2 Kim M.
	10:15 - 11:30 am	Vinyasa Flow	All Levels Joshua
	4:00 - 5:15 pm ★	Vinyasa Flow	Level 1/2 Monika
	5:30 - 6:45 pm	Vinyasa Flow	Level 2 Rachel P.
	7:00 - 8:15 pm	Yin Yoga	All Levels Noé
<b>FRIDAY</b>			
	8:45 - 10:00 am	Gentle Flow (SmartFLOW)	All Levels Rachael
	10:15 - 11:30 am	Vinyasa Flow	Level 1/2 Joshua
	6:00 - 7:15 pm	Live Music Yoga / Flow & Yin	All Levels Noé
<b>SATURDAY</b>			
	8:30 - 9:45 am	Vinyasa Flow (SmartFLOW)	Level 2 Rachael
	10:00 - 11:15 am	Yoga Basics	Basics Amanda
	11:30 - 12:45 pm	Vinyasa Flow	Level 1/2 Eliza
	1:00 - 2:15 pm	Vinyasa Vibes	All Levels Russell
<b>SUNDAY</b>			
	9:00 - 9:45 am	"Log Off" Mindfulness Meditation	All Levels Jaime
	10:00 - 11:15 am	Sunday Soul Yoga	All Levels Jaime
	11:30 - 12:45 pm	Zen Zone Yoga	All Levels Lucrezia
	1:00 - 2:15 pm	Vinyasa Flow	Level 1/2 Joshua
	2:30 - 3:45 pm ★	Restorative Relax Deeply	All Levels Angela A.
★ \$12 Drop-In Classes		<b>CLASS SCHEDULE &amp; TEACHERS SUBJECT TO CHANGE</b>	

## Live Music Yoga!



High spirits, flowing energy, music full of heart.

**Tim Catching** plays for a Flow & Yin Vinyasa class.

November 12th & 19th

## Holiday Hours

### Thanksgiving

Closed

### Christmas Eve

No Evening Classes

### Christmas Day

Closed

### New Year's Eve

No Evening Classes

## Black Friday Deal!

**1 Year Unlimited + 5 Guest Classes**

**\$799**

Limit 1 Deal Per Student  
1 Day Only  
Nov 26th

## Cyber Monday Deal!

**Class Packages**

**Buy 1 ~ Get 1 50% Off**

5, 10, 15, & 20 classes  
Limit 1 Deal Per Student  
1 Day Only ~ Nov 29th



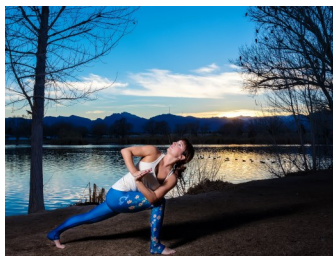
## Nectar of the Moon ~ The Art of Relaxation

Led by Jaime Peterson-Ayoub

Saturday, November 6th  
2:30pm ~ 4pm

## Yoga for the Digestive System

Led by Angela Albuquerque



Saturday, November 20th  
11:00am ~ 1:00pm

## Kino MacGregor

Returns to Las Vegas for 5 amazing workshops

December 10th ~ 12th  
check website for times



EVERYTHING IS BETTER WITH A FRIEND



## "YOGA BUDDIES"

Get 6 Months Of Unlimited Classes At A Great Savings When You And A Friend Sign Up For Our Yoga Buddies Plan

**6 Months Unlimited Yoga Buddies is back!**

\*Please check in with the front desk for more details & restrictions.

## PRICING OPTIONS

Single Yoga Classes	
Adult	\$ 18
Child (8-12)	\$ 12
Local Yoga/Fitness Teacher	\$ 14
Live Music Class	\$ 20

Yoga Class Packages	
5 Class Package (3 month exp)	\$85
10 Class Package (3 month exp)	\$160
15 Class Package (6 month exp)	\$225
20 Class Package (6 month exp)	\$280

Meditation Classes	
Single Class	\$ 14
5 Class Package	\$ 60
10 Class Package	\$ 100
3 month exp on Meditation packages	

Unlimited Yoga Packages		
	Monthly Auto-Pay*	Paid In Full
1 Month Unlimited	N/A	\$125
3 Month Unlimited	\$109 / month	\$299
6 Month Unlimited	\$99 / month	\$499
1 Year Unlimited	\$89 / month	\$899

Auto-Pay Terms & Conditions	
•	\$39 Enrollment fee applied to first payment
•	All Contracts will Auto-Renew
•	Must cancel 5 days prior to contact expiration to prevent auto-renewal
•	No Refunds/Exchanges
•	Refer to contract for additional terms/conditions